Two Critically Important
Parenting & Co-Parenting Courses
for ALL Divorcing/Divorced Parents

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Therapists with a divorce specialty, many family law attorneys as well as Minors Counsel often *require* divorcing co-parents to take the following two courses. Both provide certificates of completion, and save you considerable amounts of money whenever there are any differences between co-parents related to Parenting strategies, Co-Parenting and/or Negotiating a Parenting Plan (custody).

Most importantly, you increase the likelihood of buffering your children more effectively from the stress and trauma that a divorce/custody experience typically is for *all* family members, and especially for children, even adult children.

For co-parenting work, litigation, mediation and collaborative divorce work, you save money by knowing better what's expected of you, and what kinds of skills-building to expect from any related therapist, collaborative divorce coach or mediator of your Parenting Plan.

For litigated divorces, at the very least, it "looks good" in court as you have "voluntarily" taken these self-paced, reputable, online parenting and co-parenting courses. Your actual skill will depend on practice.

For therapists working only with the child(ren) of divorce, parents typically have 2 months from the time a child begins therapy to complete these courses or, barring a serious crisis, therapy may be interrupted until the parents invest in completing these courses. We frankly leverage our influence in an effort to buffer children from the *significant physical and mental health consequences of toxic levels of stress*, when co-parents interact ineffectively.

Further, if you are engaging co-parenting, mediation/co-mediation, collaborative or litigated divorce work, these courses cover the basics so that you are not paying your professional top dollar for basic information. You come to your divorce work with greater clarity about what's expected/needed for your kids' wellbeing. We require completion of these courses prior to commencing any of the aforementioned divorce-related work.

1. **$99 for Online, self-paced Parenting Course** – 10 classes – Research-based and trauma-focused: In both English & Spanish: https://echotraining.talentlms.com/catalog

2. **$169 for Online, self-paced Co-Parenting Course** designed by Bill Eddy (a Family Law Attorney as well as a licensed clinician with an LCSW) – a hot shot in the high-conflict divorce arena – 16 Co-Parenting classes – Research-informed. (English only available)
https://www.onlineparentingprograms.com/online-classes/parenting-without-conflict-class.html

Thank you for investing in your child(ren)'s wellbeing during this life crisis (divorce) in these critically important ways!

Ria Severance, LMFT 626.354.4334 – Text 24/7 for help.